AMS RELATIONSHIPS AND SEX EDUCATION LONG TERM OVERVIEW SECONDARY

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
7	**Families** **O1** - Different types of stable relationships, how they can contribute to human happiness.	**Respectful relationships, including friendship** **O7** - Positive and healthy friendships and other non-sexual relationships and practical steps to improve respectful relationships.	**Respectful relationships, including friendship** **O8** - To treat and be treated with respect in school and society and the impact of bullying.	**Online and media** **O13** - Rights, responsibilities and opportunities online.	**Online and media** **O14** - How information and data is collected and shared online.	**Intimate and sexual relationships, including sexual health** **023** - Identifying and managing peer pressure.
8	**Families** **O2** - Marriage, legal status, rights and protections that are not available to unmarried couples, why marriage is important and why it must be freely entered into.	**Respectful relationships, including friendship** **O9** - Legal rights and responsibilities regarding equality.	**Online and media** **O15** - Online risks, including consent and sharing material. **Online and media** **O16** - Impact of viewing harmful content.	**Being safe** **O19** - Concepts and laws regarding FGM.	**Intimate and sexual relationships, including sexual health** **O24** - Facts about reproductive health, fertility and menopause.	**Intimate and sexual relationships, including sexual health** **025** - Characteristics and positive aspects of healthy one-to-one relationships.
9	**Families** **O3** - Characteristics and legal status of other long-term relationships. **Families** **O4** - Determining whether people or sources of information are trustworthy and safe.	**Respectful relationships, including friendship** **10** - How stereotypes based on sex, gender, race, religion, disability can cause damage.	**Online and media** **O17** - Impact of viewing sexually explicit material, including pornography.	**Being safe** **020** - How to communicate and recognise consent and when consent can be withdrawn.	**Intimate and sexual relationships, including sexual health** **O26** - Characteristics of healthy, intimate relationships and how the choices we make in relationships can impact our health, positively and negatively.	**Intimate and sexual relationships, including sexual health** **O27** - Identifying and managing sexual pressure and choice to delay sex.
10	**Families** **O5** - Roles and responsibilities of parents with respect to raising children and characteristics of successful parenting.	**Respectful relationships, including friendship** **O11** - Violent and criminal behaviour in relationships including coercive control.	**Online and media** **O18** - Criminal consequences of viewing and sharing indecent images of children.	**Being safe** **O21** - Concepts and laws regarding coercion and forced marriage.	**Intimate and sexual relationships, including sexual health** **O28** - Pregnancy facts including, miscarriage and contraception.	**Intimate and sexual relationships, including sexual health** **O29** - Sexually transmitted diseases including, HIV, AIDS, STIs and STDs, impact and treatment.
11	**Families** **O6** - Pregnancy choices, abortion and adoption.	**Respectful relationships, including friendship** **O12** - Violent and criminal behaviour in relationships, sexual harassment and violence.	**Being safe** **022** - Concepts and laws relating to sexual consent, sexual exploitation, grooming and rape.	**Intimate and sexual relationships, including sexual health** **O30** - Alcohol and drugs and their effect on risky,sexual behaviour.		

AMS RELATIONSHIPS AND SEX EDUCATION Y7 MEDIUM TERM PLAN

AUTUMN 1	**Families** **O1** - Different types of stable relationships, how they can contribute to human happiness.	**To recognise:** • There are different types of relationships including friendship, family, professional, platonic and intimate • Relationships can be based on age, gender and interests • The factors which support relationships to become committed and stable and how relationships contribute to human happiness • The legal and Islamic perspectives on relationships, including those between the same sex (faith perspectives)
AUTUMN 2	**Respectful relationships, including friendship** **O7** - Positive and healthy friendships and other non-sexual relationships and practical steps to improve respectful relationships.	**To recognise:** • The characteristics of positive and healthy friendships including trust, respect, honesty and generosity • How to respect privacy and boundaries in relationships and friendships • How to manage disputes and conflict • How to manage the end of relationships
SPRING 1	**Respectful relationships, including friendship** **O8** - To treat and be treated with respect in school and society and the impact of bullying.	**To recognise:** • What it means to show respect and how this is reciprocated • Respect in Islam and why we should respect others including our parents and those in authority • The different forms of bullying, including cyberbullying and its impact • How to combat bullying and where to get help
SPRING 2	**Online and media** **O13** - Rights, responsibilities and opportunities online.	**To recognise:** • That expectations regarding behaviour are the same online and offline • How to manage our time online • The Islamic perspective on how we interact online and through media • The rights and responsibilities of online users
SUMMER 1	**Online and media** **O14** - How information and data is collected and shared online.	**To recognise:** • The uses of personal and sensitive personal data • Situations where data is shared about us and when it is obtained from us • How data may be used to influence decisions about us, now and in future • Strategies we can use to better manage our data and online activities
SUMMER 2	**Intimate and sexual relationships, including sexual health** **023** - Identifying and managing peer pressure.	**To recognise:** • Peer pressure and how it can affect us • How to mange peer pressure • How we can analyse the consequences of our actions in pressurised situations • How to maintain an awareness of responsibility as Muslims when faced with peer pressure

AMS RELATIONSHIPS AND SEX EDUCATION Y8 MEDIUM TERM PLAN

AUTUMN 1	**Families** **O2** - Marriage, legal status, rights and protections that are not available to unmarried couples, why marriage is important and why it must be freely entered into.	**To recognise:** • What marriage is, including its legal status • Nikah ceremonies can be either legally registered or un-registered and the consequences of each • The importance of marriage in Islam • That marriage is a choice and must be freely entered into
AUTUMN 2	**Respectful relationships, including friendship** **O9** - Legal rights and responsibilities regarding equality.	**To recognise:** • Equality in Islam • Legal perspectives on equality • How to challenge prejudice and hate • Causes and effects of Islamophobia and means of responding to it
	Online and media **O15** - Online risks including consent and sharing material.	**To recognise:** • That features of the internet can amplify risks and opportunities, e.g. speed and scale of information sharing, blurred public and private boundaries and a perception of anonymity • And establish personal values and clear boundaries around aspects of life that we want to remain private • The benefits and positive uses of social media, including how it can offer opportunities to engage with a wide variety of views on different issues • The role of consent when sharing material from others
SPRING 1	**Online and media** **O16** - Impact of viewing harmful content.	**To recognise:** • How to make informed decisions about whether different media and digital content are appropriate to view • That on any issue there will be a range of viewpoints and how extreme views impact people's attitudes and behaviours • How to respond appropriatlely when things go wrong online, including confidently accessing support, reporting to authorities and platforms • Factors which contribute to young people becoming involved in organised crime, including cybercrime
SPRING 2	**Being safe** **O19** - Concepts and laws regarding FGM.	**To recognise:** • Myths, risks and legal perspectives on FGM i.e. It is a criminal act • Islamic perspectives on FGM • The mental and physical affects of FGM • Strategies to safely access support for those at risk
SUMMER 1	**Intimate and sexual relationships, including sexual health** **O24** - Facts about reproductive health, fertility and menopause.	**To recognise:** • The implications for mental and physical health whist going through adolescence and managing growth and change including puberty and menstruation • Islamic rulings regarding puberty, menstruation and nocturnal emissions • The facts about reproductive health • The mental and physical effects of the menopause
SUMMER 2	**Intimate and sexual relationships, including sexual health** **025** - Characteristics and positive aspects of healthy, one-to-one relationships.	**To recognise:** • The most important relationships we have in our lives • Characteristics of positive, intimate relationships • Why some people choose to have intimate relationships outside marriage • That healthy one-to-one relationships are built on key values including mutual respect, trust, empathy and gratitude

AMS RELATIONSHIPS AND SEX EDUCATION Y9 MEDIUM TERM PLAN

AUTUMN 1	**Families** **O3** - Characteristics and legal status of other long-term relationships.	**To recognise:** • Islamic and legal perspectives on long-term relationships (outside marriage) including those between the same sex • Characteristics of long-term relationships and how these are the same as, or differ with marriage • Similarities and differences between civil partnership and marriage • The reasons for divorce and the impact of it
	Families **O4** - Determining whether people or sources of information are trustworthy and safe.	**To recognise:** • Whether sources of information are trustworthy • When other children and/or adults are using manipulation, persuasion or coercion and how to respond • And judge when a relationship is unsafe • How to seek advice and report concerns about unsafe relationships
AUTUMN 2	**Respectful relationships, including friendship** **010** - How stereotypes based on sex, gender, race, religion, disability can cause damage.	**To recognise:** • Bias, stereotyping, discrimination and prejudice • How stereotyping on sex, gender, race, religion, sexual orientation can lead to discrimination and prejudice • How to challenge prejudicial behaviour • The Islamic perspective on how we behave with those who choose a different lifestyle to us
SPRING 1	**Online and media** **O17** - Impact of viewing sexually explicit material, including pornography.	**To recognise:** • The physiological and psychological impact of viewing pornographic material • The Islamic perspective on viewing sexually explicit material • The negative impact of viewing pornography on behaviour towards partners and spouses • Strategies to deal with temptation and avenues of support
SPRING 2	**Being safe** **020** - How to communicate and recognise consent and when consent can be withdrawn.	**To recognise:** • That consent is freely given and that being pressurised, manipulated or coerced to agree to something is not giving consent • How to seek, give, not give and withdraw consent • That the seeker of consent is legally and morally responsible for ensuring that consent has been given • How to mange consent online
SUMMER 1	**Intimate and sexual relationships, including sexual health** **O26** - Characteristics of healthy, intimate relationships and how the choices we make in relationships can impact our health, positively and negatively.	**To recognise:** • That healthy, strong relationships need to be developed and take time, effort and investment • Characteristics of healthy intimacy in marriage • How our mental health is impacted by the choices we make in maintaining relationships and marriage • The impact and consequences of adultery
SUMMER 2	**Intimate and sexual relationships, including sexual health** **O27** - Identifying and managing sexual pressure and choice to delay sex.	**To recognise:** • The role of those around us, including the media in promoting certain sexual behaviours • How to manage sexual pressure from peers, society and the media • Why people of faith, including Muslims choose to delay sex • Islamic perspectives on celibacy, delaying sex and sexual gratification

AMS RELATIONSHIPS AND SEX EDUCATION Y10 MEDIUM TERM PLAN

AUTUMN 1	**Families** **O5** - Roles and responsibilities of parents with respect to raising children / characteristics of successful parenting.	**To recognise:** • The roles and responsibilities of parents, carers and children in families • The rights of parents, children and extended family members in Islam • The importance of stability in family life for raising children • The importance of developing parenting skills and the services available to support young or new parents
AUTUMN 2	**Respectful relationships, including friendship** **O11** - Violent and criminal behaviour in relationships, including coercive control.	**To recognise:** • The role of counselling in supporting relationships that are struggling • Signs of coercive control in relationships • Mental and physical effects of psychologically abusive relationships • How to access support for relationships which are controlling and mentally abusive
SPRING 1	**Online and media** **O18** - Criminal consequences of viewing and sharing indecent images of children.	**To recognise:** • Different forms of abuse and the affects of them • How to access advice and support if we are aware of someone suffering abuse • That sharing or viewing indecent images of children carries severe penalties, including jail
SPRING 2	**Being safe** **O21** - Concepts and laws regarding coercion and forced marriage.	**To recognise:** • Cultural and historical perspectives on marriage • The differences between arranged and forced marriage • What to consider when choosing a spouse • Legal and Islamic perspectives on coercion and forced marriage
SUMMER 1	**Intimate and sexual relationships, including sexual health** **O28** - Pregnancy facts, including miscarriage and contraception.	**To recognise:** • Facts about pregnancy and birth • Islamic perspectives on pregnancy, birth, breast-feeding and weaning • The role of contraception and Islamic viewpoints on it • How to access support for those experiencing difficulties in pregnancy and birth and for those dealing with miscarriage and loss
SUMMER 2	**Intimate and sexual relationships, including sexual health** **O29** - Sexually transmitted diseases, including HIV, AIDS, STIs and STDs, impact and treatment.	**To recognise:** • The difference between STIs and STDs • Impact of, and treatment for STIs and STDs • How Islamic practices can limit transmission of STIs and STDs • How to access support for sexual health problems

AMS RELATIONSHIPS AND SEX EDUCATION Y11 MEDIUM TERM PLAN

AUTUMN 1	**Families** **O6** - Pregnancy choices, abortion and adoption.	**To recognise:** • The choices we can make regarding pregnancy and where we can access advice and support • Legal and Islamic perspectives on abortion • Islamic perspective on IVF • Why people choose to adopt or foster children
AUTUMN 2	**Respectful relationships, including friendship** **O12** - Violent and criminal behaviour in relationships, sexual harassment and violence.	**To recognise:** • The impact of domestic violence and abuse in relationships • How to support those suffering from physical abuse and domestic violence • Sexual harassment and how to respond to it • Types of behaviour, within relationships which are a criminal offence, including aiding and abetting
SPRING 1	**Being safe** **022** - Concepts and laws relating to sexual consent, sexual exploitation, grooming and rape.	**To recognise:** • The law relating to sexual consent • That some people build relationships, trust and emotional connections with others so they can manipulate, exploit and abuse them • The law regarding sexual assault and rape • How to support those who have suffered sexual assault and abuse
SPRING 2	**Intimate and sexual relationships, including sexual health** **O30** - Alcohol and drugs and their effect on risky, sexual behaviour.	**To recognise:** • Different types of intoxicants and their legal status • The effects of alcohol and drugs on people using them • Islamic perspectives on alcohol, drugs and intoxicants • How alcohol and drug use can lead to risky, sexual behaviour